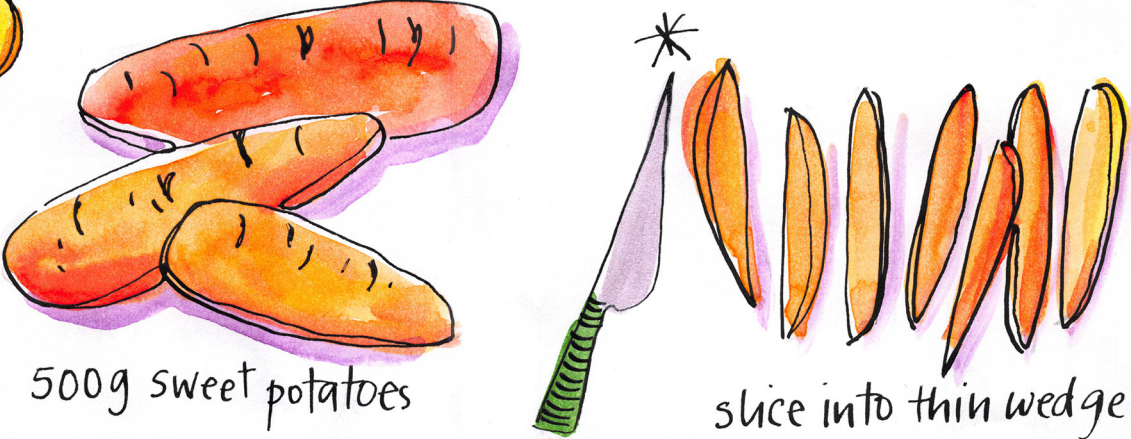
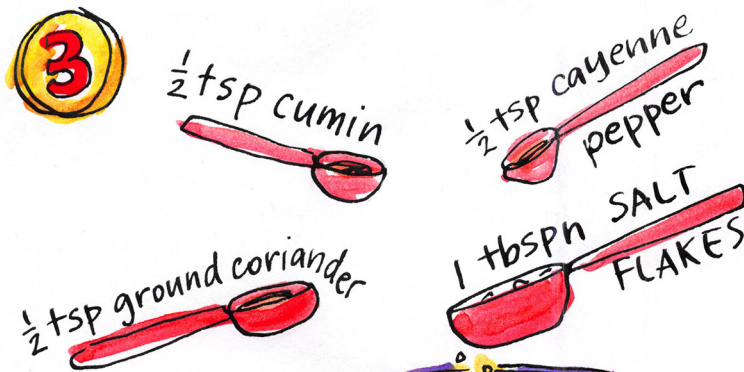
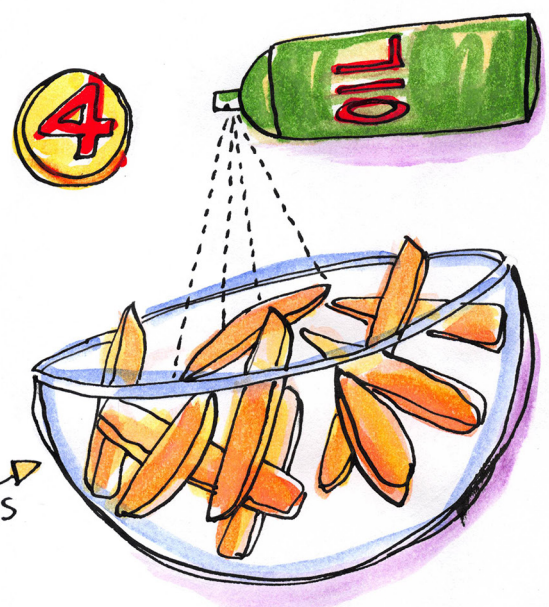



Spiced SWEET POTATO WEDGES

1 PREHEAT OVEN to 200°C . Line oven tray with baking paper.

2  500g sweet potatoes
slice into thin wedges.

3  $\frac{1}{2}$ tsp cumin
 $\frac{1}{2}$ tsp cayenne pepper
 $\frac{1}{2}$ tsp ground coriander
1 TBSP SALT FLAKES

4  mix $\frac{1}{2}$ of spices
other $\frac{1}{2}$

5  Place in SINGLE layer
BAKE 30 mins or 'til golden

serve sprinkled with remaining spice mix



Anna

