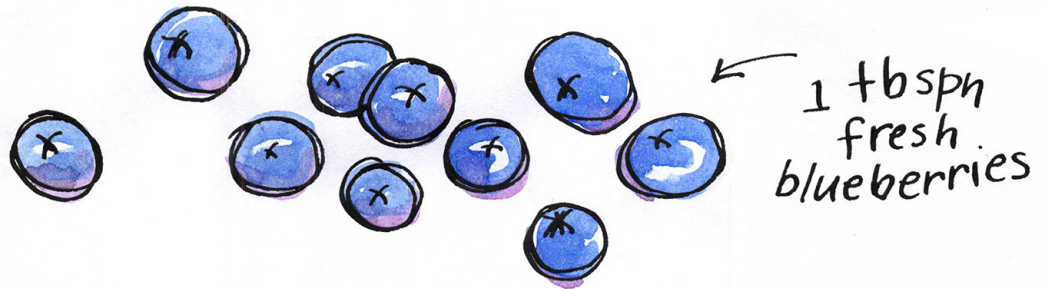
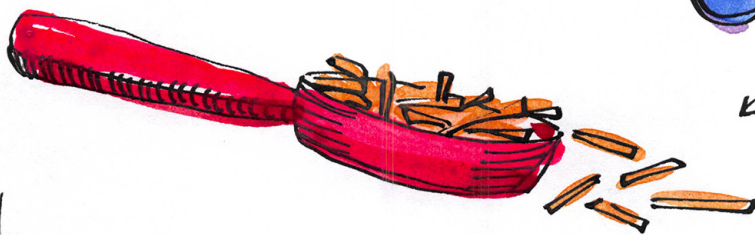


BANANA Yoghurt CRUNCH

SERVES ONE

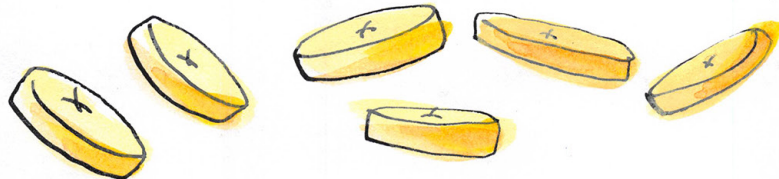


← 1 tbsph fresh blueberries

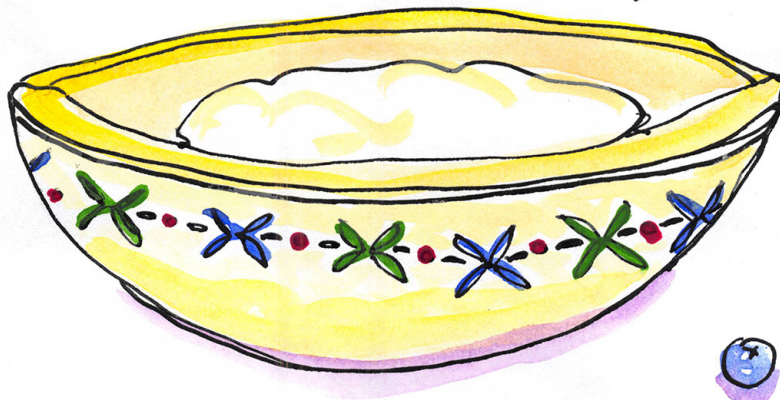


← 1 tbsph ALL BRAN cereal

$\frac{1}{2}$ small banana SLICED



1 teaspoon honey



Anna

